

# you're invited to be part of

## **Community Connecting**



Supporting people to be vibrant members of their community.

**Community Connecting** is centered on fostering a sense of belonging and encouraging people to engage meaningfully within their community, which directly supports HCBS Requirement #1: Access to Community.

In this series, you'll learn and practice practical tools and skills that you can apply immediately. We'll engage in meaningful conversations that encourage us to explore new possibilities within your community. This training is ideal for service providers, individuals with intellectual/developmental disabilities, family members, regional center staff, and any interested community members.

### What we will do together:

In each of the six interactive modules, you will be provided with practical tools to use when seeking community connections with people you support, practice using the tools with your peers, and develop an action plan to take back to your own communities.

## **During this program you will:**

- Learn how to explore the persons gifts, interests and passions in the community context
- Explore ways to identify what is available in communities
- Learn how to match the person to the available options
- Practice evaluation tools and explore ways to increase the chances of successful and sustainable connections

### **How it works:**

Starting March 18, 2025, this remote series of Community Connecting will be held via Zoom. The course includes six 3-hour modules to be held from 9:00am-12:00pm.

Scan or click here to register



March 18: Community and Belonging

March 25: Celebrating Who a Person Is

April 1: Discovering a Person's Gifts and Capacities

April 8: Making a Contribution Within Your Community

April 15: Finding the Best Fit

April 22: Sustaining Best Practices

All modules must be completed to receive a Certificate of Completion.

If you have any questions, please contact Holly@helensandersonassociates.com

