



If this service interests you, talk to your service coordinator about:

- Your desired living arrangements
- Affordable housing options
- Your specific support needs
- Availability of natural supports such as family members and friends
- In-Home Supportive Services and Social Security benefits

SUPPORTED LIVING SERVICES

We believe in building on your strengths and abilities so that you can live as independently as possible with the right supports.

Services may help you by:

- Assisting with selecting and moving into a home
- Creating a circle of support to increase overall independence in daily life including:
 - Medication management
 - Emergencies
 - Personal finances
- Identifying personal attendants and housemates

Where to find more info:

- Harbor Supported Living Policy
- In Home Supportive Services
- The United States Social Security Administration | SSA
- Harbor Regional Center Family Resource Center
- <u>Supported Living Services</u>: <u>CA Department of Developmental Services</u>

Important:

Services are determined through the Person-Centered Planning process. Services are for individuals 18 years and older who live outside of the family home.

