



PERSONAL ASSISTANCE/ CARE SERVICES

We believe in providing you with the right supports to help you achieve greater independence at home and in the community.

Services may help you by:

- Assisting with bathing, grooming, dressing, toileting, and meal preparation
- Providing additional supervision for individuals with safety needs or behavioral challenges
- Supporting with community integration for adolescents and adults

Where to find more info:

- [Harbor Personal Assistance/Care Services Policy](#)
- [Harbor Regional Center - Family Resource Center](#)
- [In - Home Supportive Services](#)

If this service interests you, talk to your service coordinator about:

- Care and supervision needs above individuals of the same age
- Availability of natural supports such as family members and friends
- Other resources for support including In-Home Supportive Services
- Hours, days, and location for support

Important:

Services are determined through the Person-Centered Planning process.

