

## The Harbor Early Start Partnership

### Family Resource Center Network is a collaborative effort of four Family Resource Centers:

Carolyn Kordich FRC  
Harbor Family Resource Center  
Long Beach Family Resource Center  
Southeast Family Resource Center

We are a network of families and helping professionals who serve families who have children who are 0-3 years old with special needs and related disabilities.

#### Our Purpose:

- To assist families in becoming informed decision-makers regarding their children who have disabilities or who are “at risk” for disabilities.
- To enhance collaboration between families and helping professionals.
- To provide resources, training, and opportunities to connect with other families.
- To respect and promote each family’s values.

## The H.E.S.P. Family Support and Resource Center Network Services Include:

- **Resource and information for Families and Helping Professionals**
- **Parent to Parent Support and/or Support Groups for**
  - ❖ Siblings
  - ❖ Family Members/Caregivers
  - ❖ Families of newly diagnosed children who are “at risk”
  - ❖ Children with Disabilities
  - ❖ Several other support groups
- **H.E.S.P. FRCs Provide:**  
Parent Professional-Educational Workshops on topics such as the Individual Family Service Plan, Peer Support, IEP and several others
- **H.E.S.P. FRCs Sponsor:**  
Community Education/Resource Fairs
- **H.E.S.P. FRCs Include/Provide:**  
Lending libraries where you might find several publications, multi-media, and toys for your family's educational enrichment
- **H.E.S.P. FRCs offer or might include:**
  - ❖ Information on specific disabilities or diagnoses
  - ❖ Information regarding transition to your local school district
  - ❖ Help-Line/Parent to Parent Support

## HOW CAN YOU GET INVOLVED?

We encourage everyone in the community to get involved with the work being done through our Family Resource Centers. Here is how you can help.

- ❖ Volunteer your time
- ❖ Contribute materials
- ❖ Share this information with a friend

*“When a child is first diagnosed and/or a family first becomes aware of a problem, the turmoil and mixture of emotions might be beyond words. A need to be listened to, to share hope, to trace a new road... what do I do with this child? Connect me somehow with the resources available; educate me so I can be a good advocate for my child...”*

*Parent of Children with Special Needs*

**FOR MORE INFORMATION  
ABOUT HOW YOU CAN HELP  
OR  
HOW A FAMILY RESOURCE CENTER  
CAN HELP YOU, PLEASE CALL  
YOUR LOCAL FRC**

**These locations provide easy access to families in the Harbor Service Area, wherever you reside or work.**

**Harbor Family Resource Center**

**Torrance site:** 21231 Hawthorne Blvd.  
Torrance, CA 90503

**Long Beach site:** 1155 San Antonio Dr.,  
Long Beach, CA 90807

Phone Number: (310) 543-0691  
or (888) 540-1711 x4691

Email: [resource.center@harborrc.org](mailto:resource.center@harborrc.org)

Website: [www.harborrc.org](http://www.harborrc.org)

**Carolyn Kordich Family Resource Center**

1135 W. 257<sup>th</sup> St.  
Harbor City, CA 90710

Phone & Fax: (310) 325-7288

Email: [deborba@ckfrcenter.org](mailto:deborba@ckfrcenter.org)

**Long Beach Family Resource Center  
c/o Miller Children's & Women's Hospital**

2801 Atlantic Ave., 2<sup>nd</sup> Floor  
Long Beach, CA 90806

Phone: (562) 933-8048

Fax: (562) 933-8430

Email: [bmacias@memorialcare.org](mailto:bmacias@memorialcare.org)

**Southeast Family Resource Center**

12110 Walnut St.  
Norwalk, CA 90650

Phone: (562) 526-2115

Email: [Alice.Cunningham@harborrc.org](mailto:Alice.Cunningham@harborrc.org)

**Carolyn Kordich  
Family Resource Center**

**Harbor Regional Center  
Family Resource Center**

**Long Beach  
Family Resource Center**

**Southeast  
Family Resource Center**



**Harbor Early Start  
Partnership  
Family Resource  
Center Network**

*Do you have questions or concerns  
about your child?*

**What do you do?  
Where do you go?  
Who can help you?**

Serving families  
who have children from  
birth to 3 with  
disabilities or who are "at risk"  
for disabilities



**In the Harbor, South Bay,  
Long Beach and the Southeast  
Communities of  
Los Angeles County**