



HARBOR
REGIONAL
CENTER



LOS ANGELES COUNTY
DEPARTMENT OF
MENTAL HEALTH
hope. recovery. wellbeing.

July 25, 2023

Department of Mental Health presents:

ANXIETY DISORDERS

6 PM - 8 PM

An educational workshop in Spanish for individuals and families seeking resources on prevention and early intervention on mental health.

*Please request interpretation by
Tuesday, July 18

Register here:

<http://bit.ly/3Jethng>



Promoters are not therapists or psychologists.
They cannot give their opinion regarding
treatment methods and/or medication

To request interpretation or
For more information:

Edgar Marroquin
310-792-4770
edgar.marroquin@harborrc.org



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25 de julio de 2023

El Departamento de Salud Mental
presenta:

TRASTORNOS DE ANSIEDAD

6 PM - 8 PM

Un taller educativo en español para individuos y familias que buscan recursos de prevención e intervención temprana de salud mental.

Este taller sera presentado en español

Register here:

<http://bit.ly/3Jethng>



El/la promotor(a) no es terapeuta ni psicólogo,
por lo tanto, no puede dar su opinión sobre
tratamientos psicológicos o medicamentos

Para pedir interpretación
o para mas información:

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