## PARENT MENTOR PROGRAM

Are you a parent or caregiver struggling to navigate the multiple systems in place to serve your loved one?

(Regional Center, School, MediCal, SSI, IHSS, etc.)

You can also contact Erika Segovia for more information:

Phone: (310) 792-4714

Email: Erika.segovia@harborrc.org



Harbor Regional Center (HRC) now has a Parent Mentor Program that is available to support parents/caregivers navigate the complex systems that serve individuals with developmental disabilities. The Parent Mentor will assist with connecting clients to resources, as well as promoting a stronger partnership between your family and HRC. If you are interested in being referred to the program, please contact your service coordinator to discuss further.

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