



Harbor Regional Center is one of 21 private non-profit centers in California operating under contract with the Department of Developmental Services to provide community-based services to citizens with developmental disabilities and their families.

Our Mission

Harbor Regional Center provides quality services, support, information and choices for people with developmental disabilities and their families, to promote their participation as valued neighbors in our community.

THE PEOPLE WE SERVE

Regional centers serve people with developmental disabilities and their families, and infants and toddlers with developmentally delays or an established risk for developmental disabilities. We also serve pregnant women who are at risk for having a child with this type of disability. In the year 2019, Harbor Regional Center serves over 14,000 clients and their families who reside in the South Bay, Harbor, Long Beach, and southeast areas of Los Angeles County.

- The term *developmental disability* describes a group of conditions including intellectual disabilities (mental retardation), cerebral palsy, autism, epilepsy, and other conditions similar to intellectual disability or requiring services such as would be required by a person with intellectual disability.
- A developmental disability must have occurred before the age of 18, and it must be substantially handicapping and lifelong in nature.
- An infant or toddler under three years of age may have a developmental delay if they show a significant difference between their level of functioning and the expected level of development for his or her age in one or more developmental area.
- Infants and toddlers may have established risk conditions that are known to have a high probability of resulting in developmental delay.

TYPES OF SERVICES AND SUPPORTS: All services are designed to promote the acquisition of developmental skills, to support an optimal level of health and physical well-being, and to help the person with developmental disabilities to live an independent and productive live in the community. These include but are not limited to:

- Assessment and diagnosis
- Family support and training, including parenting a child with developmental disabilities, promoting development, and managing behavior
- Lifelong individualized planning and service coordination
- Assistance in identifying and coordinating publicly available community resources
- Advocacy for the protection of individual rights
- Early intervention and prevention services for infants and toddlers who have or are at risk for developmental disabilities
- Autism services, including parent training and coordination of intensive behavioral intervention
- Respite care
- Planning and coordination of living options, including out-of-home care and support for living independently in the community.
- Post-secondary education, internships, supported employment, and adult day programs