

**Harbor Regional Center
Board Planning Committee
November 2020**

Members: Kim Vuong, Chair, Client and Board Member; Patricia Jordan, Client; Ron Bergman, Parent/Board Member; Laurie Zalenski, Parent; Brian Lockhart, Aacres, Nancy Spiegel, Director of Information and Development

HRC Performance Plan

This meeting of the committee included review of the draft HRC performance Plan for 2021. We will present it to the Board of Trustees in November for approval.

Our performance outcomes have continued to improve year after year, and to be better than the statewide average. We will continue the same activities to achieve these outcomes with some updates for the coming year, including plans to adapt to the continuing pandemic.

We plan to continue to provide family support, information, resource sharing, orientation, and training activities, making use of virtual platforms (zoom). We will continue to offer virtual events even when it becomes safe to resume events in person, to provide access to families that prefer this option.

We will work with our service providers to develop alternative services tailored to individual needs.

We will provide individualized support from parent mentors, for families who experience challenges in accessing available services, and we plan to expand this parent mentor program in 2021, if DDS funding is approved.

DDS Promoting Service Access & Equity Grant (formerly known as Disparity Grants)

With approved funding for 2019/20, our **Bilingual Community Outreach Specialist** has continued to work with the Hispanic and Spanish-Speaking community. During the pandemic, she has been able to meet with parent groups, and offer parent training events through Zoom, on topics and with guest speakers of high interest. She is actively providing information in Spanish to our community through a Spanish language eNewsletter and social media. She also worked to coordinate special family support events such as two Diaper Drive-through events.

Under the new **Parent Mentor program**, we have hired 4 Parent Mentors and are continuing to recruit two additional mentors at this time. These mentors are currently

receiving training, and beginning to be assigned to work with underserved parents in the Hispanic and African American communities.

We will be submitting an application for funding under this DDS grant program for 2020/21. We hope to continue and expand the above programs to serve more families of early childhood, school-aged, and adult clients.

HARBOR REGIONAL CENTER PERFORMANCE PLAN 2020

| Statewide Public Policy Measures | Statewide Average | HRC Outcomes | Planned Activities |
|--|---|--|---|
| <p>Living in the Community</p> <p>“Percent of regional center caseload in Developmental Center.”</p> <p>Achieving Desired Outcome? YES</p> | <p>2005 1.49%</p> <p>2010 0.83%</p> <p>2015 0.36%</p> <p>2020 0.08%</p> | <p>2005 1.50% 141 clients</p> <p>2010 0.78% 77 clients</p> <p>12/15 0.23% 28 clients</p> <p>2020 0.03% 5 clients</p> | <p>Harbor Regional Center has no more clients residing in State Development Centers, other than 5 individuals in court-ordered treatment.</p> <p>HRC Clients who have moved from the State Developmental Centers will continue to be supported while living in the community.</p> <p>Coordinate services and supports in the community for individuals who have moved from the State Developmental Center.</p> <p>Seek DDS funding for continued development of needed resources in the community.</p> |

Measures of Success: ●Maintain or show improved performance over prior year, and/or ●Equal to or better than statewide average.

HARBOR REGIONAL CENTER PERFORMANCE PLAN 2020

| Statewide Public Policy Measures | Statewide Average | HRC Outcomes | Planned Activities |
|---|---|---|--|
| <p>Children Living With Families</p> <p>“Percent of minors living with families”: includes own family, foster family, and guardian.</p> <p>Achieving Desired Outcome? YES</p> | <p>2005 97.65%</p> <p>2010 98.60%</p> <p>2015 99.15%</p> <p>2020 99.48%</p> | <p>2005 98.75%</p> <p>2010 99.56%</p> <p>2015 99.80%</p> <p>2020 99.84%</p> | <p>Children served by HRC will live with families. To promote child development and family stability, continue to provide support, information, and training to families, including but not limited to:</p> <ul style="list-style-type: none"> • Orientations to HRC Services for new and continuing families, including early childhood, clients over 3, transitions to school age or adulthood, self-determination etc. • Distribution of informational materials and videos to raise clients’ and families’ awareness of available services and supports • Informative workshops for clients/families by specialists (offered on virtual platform and in person when safe to do so). • Support for families through support groups and mentor parents, in multiple languages. • Resource and Information sharing via publications, website, newsletter, social media, and resource sharing events (either virtual or in person when safe to do so) |
| <p>“Percent of minors living in licensed homes serving >6.”</p> <p>Achieving Desired Outcome? YES</p> | <p>2005 0.22%</p> <p>2010 0.04%</p> <p>2015 0.06%</p> <p>2020 0.04%</p> | <p>2005 0.04%</p> <p>2010 0.00%</p> <p>2015 0.00%</p> <p>2020 0.00%</p> | <p>Children served by HRC who live in licensed homes shall live in small homes.</p> <p>Continue to avoid use of large licensed settings, and provide support for children to live with families (their own, foster, or guardian).</p> |

Measures of Success: ●Maintain or show improved performance over prior year, and/or ●Equal to or better than statewide average.

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| Statewide Public Policy Measures | Statewide Average | HRC Outcomes | Planned Activities | | | | | | | | | | | | | | | | |
|--|---|--------------|--------------------|------|--------|------|--------|------|--------|---|------|--------|------|--------|------|--------|------|--------|--|
| <p>Adults Living in Home Settings</p> <p>“Percent of adults living in home settings: independent living, supported living, family home, and family home agency homes.”</p> <p>Achieving Desired Outcome? YES</p> | <table border="0"> <tr> <td style="padding-right: 10px;">2005</td> <td>70.03%</td> </tr> <tr> <td style="padding-right: 10px;">2010</td> <td>73.99%</td> </tr> <tr> <td style="padding-right: 10px;">2015</td> <td>78.04%</td> </tr> <tr> <td style="padding-right: 10px;">2020</td> <td>81.25%</td> </tr> </table> | 2005 | 70.03% | 2010 | 73.99% | 2015 | 78.04% | 2020 | 81.25% | <table border="0"> <tr> <td style="padding-right: 10px;">2005</td> <td>72.34%</td> </tr> <tr> <td style="padding-right: 10px;">2010</td> <td>76.51%</td> </tr> <tr> <td style="padding-right: 10px;">2015</td> <td>80.92%</td> </tr> <tr> <td style="padding-right: 10px;">2020</td> <td>84.03%</td> </tr> </table> | 2005 | 72.34% | 2010 | 76.51% | 2015 | 80.92% | 2020 | 84.03% | <p>Adults served by HRC will live in home settings, including Independent & supported living, with family, or with adult family home agency.</p> <p>Continue to promote and maintain options for adults to live in home environments with families, or in their own homes, with supports as needed. These may include but are not limited to:</p> <ul style="list-style-type: none"> • Independent living skills training • Supported living services • College Support • Job development and preparation • Supported employment • Adult day options, including alternative service delivery during the pandemic, tailored to a range of individual needs • Future planning support for adults with aging parents/caregivers. <p>Continue to work with community partners to advocate and support development of affordable housing options for adults.</p> |
| 2005 | 70.03% | | | | | | | | | | | | | | | | | | |
| 2010 | 73.99% | | | | | | | | | | | | | | | | | | |
| 2015 | 78.04% | | | | | | | | | | | | | | | | | | |
| 2020 | 81.25% | | | | | | | | | | | | | | | | | | |
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| 2015 | 80.92% | | | | | | | | | | | | | | | | | | |
| 2020 | 84.03% | | | | | | | | | | | | | | | | | | |

Measures of Success: ●Maintain or show improved performance over prior year, and/or ●Equal to or better than statewide average.

HARBOR REGIONAL CENTER PERFORMANCE PLAN 2020

| Statewide Public Policy Measures | Statewide Average of clients in larger homes | HRC Outcomes clients in larger homes | Planned Activities |
|---|---|---|---|
| <p>Adults Living in Licensed Homes</p> <p>“Percent of adults living in licensed homes serving >6.”</p> <p>Achieving Desired Outcome? YES</p> | <p>2005 5.76%</p> <p>2010 3.80%</p> <p>2015 2.78%</p> <p>2020 2.06%</p> | <p>2005 4.46%</p> <p>2010 2.37%</p> <p>2015 1.50%</p> <p>2020 0.80%</p> | <p>Adults served by HRC who live in licensed homes shall live in small homes.</p> <p>Continue to avoid use of large licensed settings and to support adults moving from larger settings, such as skilled nursing facilities, into more integrated/less restrictive living options.</p> <p>Increase access to living options through continued development of residential resources, as funds allow.</p> |

Measures of Success: ●Maintain or show improved performance over prior year, and/or ●Equal to or better than statewide average.

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| Public Policy Measures | Planned Activities |
|---|--|
| <p>Employment</p> <ul style="list-style-type: none"> • Number and percentage of individuals ages 16-64 with earned income. • Average annual wages for individuals ages 16-64. • Annual earnings of individuals ages 16-64 compared to all people with disabilities in California. • Number of adults who entered in competitive integrated employment following participation in a Paid Internship Program. • Percentage of adults who entered in competitive integrated employment following participation in a Paid Internship Program. • Average hourly or salaried wages and hours worked per week for adults who participated in a Paid Internship Program during the prior fiscal year. • Average wages and hours worked for adults engaged in competitive integrated employment on behalf of whom incentive payments have been made. • Total number of \$1000, \$1250 and \$1500 incentive payments made for the fiscal year. • Percentage of adults who reported having competitive integrated employment as a goal in their IPP. | <p>Adults who want to work will be supported to prepare for, find and maintain employment.</p> <ul style="list-style-type: none"> • Share information regarding our Employment First policy with our clients and families • Discuss employment options with clients and families when they reach transition age and adulthood • Offer Employment Orientations to inform clients and families about employment services • Offer training to prepare clients for employment • Work in partnership with school districts, community colleges, and the Department of Rehabilitation to promote opportunities for volunteerism, work training, internships, and competitive employment • Work in partnership with supported employment service providers to develop opportunities for individuals who want to work, and support their success on the job, including paid internships that can lead to competitive employment, and provider incentives for competitive integrated employment • Work with adult day activity service providers to offer alternative service delivery for individualized work and volunteer opportunities and experiences |

Measures of Success: ●Maintain or show improved performance over prior year, and/or ●Equal to or better than statewide average.

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| Statewide Public Policy Measures | Planned Activities |
|---|--|
| <p>Reducing Disparity in Purchase of Service Expenditures</p> <p>Indicator showing the relationship between annual authorized services and expenditures by individual’s residence type and ethnicity.</p> <p>Percent of total annual purchase of service authorizations and expenditures by individual’s ethnicity and age</p> <ul style="list-style-type: none"> • Birth to age two, inclusive • Age three to twenty-one, inclusive • Twenty-two and older | <p>HRC clients and families will have access to information and services regardless of age, diagnosis, ethnicity, or language Harbor Regional Center will provide services and supports in a culturally and linguistically responsive manner.</p> <p>Continue to:</p> <ul style="list-style-type: none"> • Provide community outreach so that the ethnic, language and cultural demographics of our client population reflect that of the general population in our service area. • Recruit and maintain a culturally diverse staff whose ethnicity, language and cultural background reflect that of our client population. • Provide training and information for clients and families to increase awareness of and access to available services and supports. • Distribute and post written guide to available services by age group. • Expand our library of translated materials as funds allow. • Facilitate and share information through parent support groups and peer mentors • Provide additional individualized support from parent mentors to navigate services, for families who are underutilizing services • Gather input from our community regarding access and utilization of services and reduction of barriers. |

Measures of Success: •Maintain or show improved performance over prior year, and/or •Equal to or better than statewide average.

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Compliance Measures

| | HRC Baseline | Planned Activities |
|---|---------------|---|
| Unqualified independent audit with no material findings | Yes | Continue generally accepted accounting principles Maintain good business practices Maintain compliance with state contract and Medicaid Waiver requirements |
| Substantial compliance with DDS fiscal audit | Yes | |
| Operates within Operations budget | Yes | |
| Certified to participate in Home & Community-Based Waiver | Yes | |
| Compliance with vendor audit requirements | Yes | |
| Individuals with updated CDERs and ESRs (Client Development Evaluation Report or Early Start Report) | 96.40% | Continue timely completion/updates of the CDER/ESR. |
| Intake/Assessment and IFSP timelines (ages 0-2) | 95% | Provide timely completion of intake/assessment for infants and toddlers ages birth through 2 years. |
| Intake/assessment timelines for children and adults ages 3 and above | 100% | Provide timely completion of intake/assessment for children and adults ages 3 and above |
| IPP (Individual Person Centered Plan) development, ages 3 and above, (Welfare and Institutions Code requirements) | 99.85% | Provide timely completion of individual person-centered plans (IPP) for clients receiving services under the Lanterman Act. |
| IFSP development, for infants/toddlers ages 0-2, (Title 17 requirements) | 86.40% | Provide timely completion of intake/assessment and Individual/Family Service planning for infants and toddlers birth - 2 years of age. |

Measures of Success: ●Maintain or show improved performance over prior year, and/or ●Equal to or better than statewide average.

Harbor Regional Center Community Relations Committee October 29, 2020

Monica Sifuentes, MD, Chairperson, Pediatrician/Board Member; Dee Prescott, Service Provider, Easter Seals Southern California; Terri Nishimura, Service Provider, Pediatric Therapy Network; Osvaldo Robles, Parent; Nancy Spiegel, HRC Director of Information and Development

Family Training and Information

Our training presentations for clients and families, which we held in person at our offices and other community locations prior to the pandemic, have been converted to zoom meetings. Announcements of these meetings have been distributed through our printed calendar, website, and through our eNews and social media. Some are offered in English with Spanish translation available, and some are offered in Spanish with English interpretation available. Interpretation in other languages may also be arranged with advance reservation.

We reviewed the training offerings during this July – December period, and the committee made suggestions for topic to consider in the New Year.

Since July, informative presentations on Zoom have included:

Orientations for Learning About Our Services, for early childhood ages 0-3, for transition to school age services at age 3, and for over 3 age groups;

Your Family Our Focus/Su Familia, Nuestro Enfoque to provide better understanding of ongoing services and how we work together;

Informational sessions about the Self Determination Program, the College to Career Program for post-secondary education, an overview of Employment services, and other adult service options;

Sessions for Learning About Benefits: Supplemental Security Income (SSI), In Home Supportive Services, Medi-Cal Managed Dental Care, CalABLE, and Economic Impact Payments during the Pandemic;

Other special topics such as a discussion of common medications, Estate Planning and Special Needs Trusts, Alternatives to Conservatorship, and Aging with a Developmental Disability.

Topics tailored for our Spanish speaking community, with English interpretation by request, included:

Presentations by psychologists on developmental and behavioral challenges, and the impact of COVID 19 and crisis upon mental health;

Presentation by Early Childhood Specialist regarding the impact of screen time;

Presentation by Educational Advocates on the impact of COVID-19 upon special education services.

Additional topics recommended by the committee included: the impact of isolation and COVID-19 anxiety upon mental health for parents and children; healthy sleep routines; a user-friendly basic training for 'keeping up with my child in technology', such as in the use of Zoom, and Apps that are beneficial and those to avoid.

Legislation and Advocacy

We have been regularly distributing information guides from a variety of trusted sources on voting, including access for people with disabilities. We provided information from Disability Vote Ca, the Arc Ca, and Easter Seal Southern California's campaign We Are the 25%. We also encouraged our clients and families to be counted in the census.

Dee Prescott of Easter Seals Southern California shared that in their We Are the 25% surveys and events, 91% of the participants with disabilities said that voting is very important to them. Affordable health care was a primary concern.

Community Support

In September, the **Del Harbor Foundation** has again contributed to the Harbor Help Fund: \$5000 for COVID 19 support and \$5000 for Holiday support.

A Moment To Breathe recently donated twenty-five \$50 grocery gift cards.

The **South Bay Sunrise Rotary** and an individual family donor joined to provide 36 Chromebooks to clients that did not have computers in their family home, or provided by their school district or other sources. In prior years, these two donors have coordinated back to school backpack, clothing, and school supply donations. This year due to distance learning from home becoming the new norm, they decided this year to focus on helping clients with their home learning. They held a drive through at our office on October 24 for the selected families.

Holiday Giving Campaign

This year our Holiday Giving Campaign will focus on families with the most basic needs. We are preparing to mail and email information about our Holiday Help for Clients campaign in the coming month. We will request both monetary donations and donations of electronic gift cards. The committee provided recommendations for reaching out to our community of families and service providers.

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Opening:

The regular meeting of HRC Self Determination Advisory Committee was called to order at 6:08 PM on Wednesday September 9, 2020 via zoom. Quorum was established.

Committee Member

Present Linda Chan-Rapp,

Parent Rosalinda Garcia-

Parent

Miriam Kang, Parent

Deaka McClain, Client

David Oster - Client

Patricia Jordan-

Client

Johnanthony Alaimo- Office of Client Rights Advocacy representative

Committee Member Absent

Priscilla Ankrah- Office of Clients Rights Advocacy
representative

Yulianna Martinez, Parent

Sunghee Park- Parent

HRC Staff Present

Antoinette Perez - Director of Children's
Services Judy Samana Taimi - Client Services
Manager

Donna Magana- Client Services
Manager

Katy Granados - Client Services Manager

Ashley Brown- Client Services
Manager

SCDD Staff Present

Brianna Reynoso- State Council

SCDD Staff Absent

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Visitors

| | |
|--|--------------------|
| L. Pasz, Interpreter | I. Ramirez, Parent |
| V. Gomes, Parent | M. Ito, Parent |
| C. Lehman, Independent Facilitator | J. Zegara Huacachi |
| A. Morales, Aveanna FMS | P. Abdon |
| I. Munioz, Parent | K. Vuong, Client |
| R. Lasca, Independent Facilitator/ASLA | |

Welcome: Introductions of committee members and guests.

Approval of Minutes

Quorum was established; 8 committee members present during zoom meeting. Deaka McClain and David Oster motioned for approval of minutes. Minutes from August 12, 2020 meeting were approved. Linda Chan-Rapp abstained.

Harbor Regional Center Monthly Update - Antoinette Perez, Director
Children's Services,

- There are 95 individuals who are part of the SD Program
 - Of the 95: 10 participants are live;
 - 4 of the 97 individuals are pending orientation; 2 have completed the 1st part and are only missing the FMS portion and 2 need full orientations.
- An information meeting was held in Spanish on August 26th
 - There were no family participants that attended; although, we had 20 who registered to attend
- Information available on HRC website. Anyone interested to attend any training offered for SDP, please register via HRC website. Next information meeting will be held on October 28th, 2020 at 6 PM.
 - Spanish Information Meeting will be scheduled in November and the date is pending at this time.
- Resource Development:
 - Increased interest from Financial Management Services (FMS) agencies statewide wanting to contract with us. When an inquiry is received, we connect them with HRC Community Services. Our perspective is we want to contract as many as soon as possible so that our participants can have access to many options.
 - At the state and local level, there is an increased interest as to what are the barriers for our participants being successful in the self-determination program. We need to get the funds to give our

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participants with extra assistance. When you read about self-determination, it seems simple and straight forward, but on the ground, it's very complicated. What is seen of those who are successful are those individuals who are very knowledgeable of the system as a whole and prior to self-determination, they were already self-directing their own services to some degree. It's challenging for families who aren't as savvy about the system and who has limited resources. Looking forward to launching our mentor program to assist those families who are struggling with getting their program up and running.

Statewide Updates:

- Linda Chan Rapp reported on the statewide updates
 - Provided a summary of the barriers discussed from all of the SDAC.
 - Four main areas and two of them have passed and there is not a lot we can do about the two.
 1. The first is implementing self-determination. It was passed in October 2013, thanks to the advocacy of many families and individuals including David Oster who made tons of phone calls almost every day. From the 2013 time when it started, there were a couple of years gap from that point until the first draw of participants where we lost some momentum.
 2. The second concern was the lack of guidance from DDS to regional centers and consumers resulting in inconsistent implementation of the self-determination program across the regional center system.
 3. The third concern was the lack of training for regional center's staff, participants, and families,
 4. The fourth concern was lack of training and development of person centered planners, FMS, Independent Facilitators, and service providers.
 - In terms of recommendations for these 4 barriers, barrier 1 and barrier 2, didn't involve the local advisory committee that much except on the lack of guidance by DDS to regional centers and consumers. It was recommended that the local advisory committee should consult with regional centers on best practices and share with statewide self-determination advisory committee. One of the things that we as a

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committee should do is not only put out fires and listen to concerns, but also to try and get a handle on what is working. It will be great to hear from those who are active in self-determination on has been helpful with their journey.

- Barrier 3, Harbor Regional has been involved with training and hosting trainings in the past. The recommendation is for regional centers to conduct trainings and orientation at multiple times and places including virtual presentations in English and Spanish. Use of technology when available, combined with individuals, families, and small group meetings should be initiated in order to involve all participants. Local Advisory Committee Members should not only participate in orientations and trainings but should lead them. The focus of all trainings should be on purpose versus process, including emphasis on who is in charge and encouragement of individuality, and creativity of the development of person centered plans. Regional centers should be required to follow-up with all consumers and families to have participated in orientations. Local advisory committees should invite all self-determination program participants to committee meetings.
- The 4th barrier, regional centers to inform and educate current vendored service providers about the self-determination program and should recruit non-vendored providers to offer services to self-determination program participants. Local advisory committees should invite providers to attend their committee meetings in order to inform them of opportunities to provide services and supports.
- To summarize, the action steps that most directly affects us, in terms of the training—as the committee, we could brainstorm as to what trainings we want to prioritize. In addition, we could find out at a future meeting at how vendored providers are being oriented related to self-determination and how it works. We can talk about how people could be invited to our meetings or encourage attending. The information is out there. May need reminders, outreach, or some personal contact to be involved in our meetings. All of us that are members of the self-determination committee are part of the program but none of us have gone live yet.
- To the committee and audience, what are some of the barriers you have encountered in going live?
 - Linda Chan-Rapp: my daughter was accepted into the program in 2019 of November. Since she already had her own person centered plan, it would just be a very direct transfer over to going live. We were

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distracted with the pandemic and it has been pushed to the back burner. I have all the tools to move forward but just haven't got around to it. I think it is juggling priorities.

- Miriam Kang: Cannot find anyone to do the person centered plan.
- Ivon Muniz: Funding for client's needs, many Latina moms find it difficult to increase the budget because they don't have the information. Service coordinators do not have the training necessary to clarify to families regarding this process. It's something that's new and service coordinator need a lot of training in this area. There are many parents who don't know where to find a PCP developer.
- Antoinette Perez: It's been extremely challenging for the Latino community with respect to self-determination. We have done a great job training the self-determination program service coordinators. There are 22 self-determination service coordinators who have gone through lengthy training. The issue is not that they have not been trained. The issue is that there has been so much misinformation out there in the community and there has not been a lot of clear direction coming from DDS. That's what makes it very challenging for people. If the service coordinators don't have the information you need, reach out to their managers. The managers are available as your second layer of service coordination. They will make the time to meet with you and help you understand. If the manager doesn't give you the information that you feel you need, you can always reach out to one of the directors. I always try to make myself available to every parent that calls me. Utilize your resources and don't just stop at the service coordinator if you feel they are not giving you the information that you need. With respect to person centered planners, this is an area of concern. Highly concerned about some of the Spanish speaking person centered planners that are out there. Concerned about the guidance that they are giving to our Spanish speaking families because they are giving them guidance that is not accurate. When I had the opportunity to meet with the Spanish speaking families, I always try to advise them of what the law says or doesn't say. It's challenging because the trust is not with us, Harbor Regional Center. Even when I try to educate Spanish speaking families, I know they are going to listen to what they are hearing on the streets rather than listening to me. We need to work together to figure out how we are going to make sure that our Spanish speaking families are getting the information that they need.

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We want you to be successful. We want you to have the correct information, all of our parents but particularly true to our Spanish speaking parents. We want to help you understand and feel capable of making decisions on behalf of your child. If you have any suggestions, we are open to hearing them. Individuals and parents can go to the DDS website (www.dds.ca.gov) under self-determination; there you will find every memo that has been issued, questions and answers regarding certain questions regarding, "who funds for the independent facilitator", "who funds for the person centered plan". All those questions are listed in English, Spanish, and other languages.

- Deaka McClain: I decided to put my program on hold due to waiting for some information from one of my providers and a few other things that I am waiting on before I go forward. Covid has helped my process slow down.
- David Oster: Provided the resource for person centered plan developer with Parent Empowerment Project which is part of Autism Speak Los Angeles (ASLA).

Office Clients and Rights Advocacy

- Disability Rights of California's local office is open and available to answer any questions and the phone number is (562) 623-9911. We are putting together virtual trainings in Spanish on Saturday towards the end of the month for Economic Impact Payments (stimulus payments) due to COVID-19 that the Federal Government passed earlier this year. Another training that will be scheduled focusing on Special Education during COVID-19 and that will happen on a Saturday in October in Spanish.

State Council Update:

- Cal OYAS have access to disinfectant wipes. Can coordinate an order through state council for an organization serving 50 or more clients to distribute to your clients. You can send your request to Brianna.reynoso@scdd.ca.gov.
- State council representative, Julie meets with Independent Facilitators on a monthly basis. We are learning about the continuous conflicts that some of the IF's are facing. If you are an IF or dealing with an IF and are facing certain barriers or issues they are facing with client's from going live. We do encourage you to reach out to state council as we want to continue learning about your concerns.
- There is an IF online training in English and Spanish. It was put together by the

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state council of Orange County office. The flyer can be found on the state council's self-determination facebook page. This is a self-paced six part series. Once completed, a certificate will be mailed to your home.

- Training provided to the Self-Determination Advisory Committee members to learn more about their roles, how to hold the meeting, and efficiency during their local meetings was held with state council. Pending training for all of the advisory committee members will be provided by Brianna.

Self-Determination Transition Fund

- By next meeting, we will have the formal program with the funds we received to come out and do a presentation on that program.

Announcements:

n/a

Public Comments:

- J. Zegara Huacachi expressed a lot of the Latino parents are very busy and may need a reminder one hour before the meeting. Suggesting calling the families or sending a reminder one hour before the meeting. It's easy for them to forget because they are so busy.
- Ivon Muniz: Are the DRC offices open, I tried calling a couple of weeks ago and no one answered
 - Johnanthony Alaimo: The office is open. You should be able to reach someone tomorrow morning. If you have problems, please email at jonnanthony.alaimo@disabilityrightsca.org. The offices are physically closed but are all working remotely.
- Ivon Muniz: Are there any support with the IEP process during COVID1-19?
 - Antoinette Perez: Thank you Ivon for your suggestion. We are trying to support all of our families. We understand that it's a difficult time. I do want to let you know that in addition to what you see with the service coordinators by attending the IEP meetings. Each of our managers are assigned a school district and they meet with the school district quarterly. We are currently compiling a very extensive list that outlines what each school district is doing. So we know which school district is providing equipment, which school district is providing hot spots or wifi, what each district is doing with respect to therapy, the learning models each district is offering, and how IEP's are

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handled. We are tracking all of the above and that is why we will be doing all of these trainings with OCRA very soon because we want to gear ourselves so we can advocate on your behalf.

- Kim Vuong: suggested more information on what the IF role is in the self-determination process

Next Meeting: October 14, 2020 via Zoom 6 PM to 8 PM

Adjournment/Conclusion:

Meeting was adjourned at 7: 25 PM. Minutes submitted by Judy Taimi

Abbreviations:

- HRC Harbor Regional Center
- SDP Self-Determination Program
- DDS Department of Development Disabilities
- SDAC Self-Determination Advisory Committee
- IF Independent Facilitator
- PCP Person Centered Plan
- SC Service Coordinator
- SCDD State Council on Developmental Disabilities
- OCRA Office of Clients Rights Advocacy
- DRC Disability Rights of California
- IEP Individual Education Plan

HARBOR REGIONAL CENTER
Self Determination Advisory Committee
Meeting Minutes
October 14, 2020

Opening:

The regular meeting of HRC Self Determination Advisory Committee was called to order at 6:05 PM on Wednesday October 14, 2020 via zoom. Quorum was established.

Committee Member

Present

Linda Chan-Rapp, Parent

Rosalinda Garcia- Parent

Miriam Kang, Parent

Deaka McClain, Client

David Oster - Client

Paula Quiroz

Julianna Martinez-

Parent

Sughee park

Johnanthony Alaimo- Office of Client Rights Advocacy representative

Committee Member Absent

Priscilla Ankrah- Office of Clients Rights Advocacy
representative

Patricia Jordan- Client

HRC Staff Present

Antoinette Perez - Director of Children's
Services Judy Samana Taimi - Client Services
Manager

Donna Magana- Client Services
Manager

Katy Granados - Client Services Manager

Ashley Brown- Client Services
Manager

Liz Cohen- Client Services Manager

SCDD Staff Present

Brianna Reynoso- State Council

SCDD Staff Absent

HARBOR REGIONAL CENTER
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Visitors

L. Pasz, Interpreter
V. Gomes
O. Gonzalez
T. Jonez
Elia
Gilberta
A. Gomes
A. Castellano

H. Jimenez
M. Zavala
M. Mitchell
Silvia
C. Pena
A. Gomes
L. Ortega

Welcome: Introductions of committee members and guests.

Approval of Minutes

Quorum was established; 8 committee members present during zoom meeting. David Oster and Sughee park motioned for approval of minutes. Minutes from September 9, 2020 meeting were approved. Linda Chan-Rapp abstained.

Harbor Regional Center Monthly Update - Judy Taimi Client Services

Manager

- There are 95 individuals who are part of the SD Program
 - Of the 95: 14 participants are live
 - 25 approved budgets
 - 14 spending plans completed
 - 22 completed PCP plans; 5 PCP in progress
- An information meeting is scheduled September 28, 2020 at 6PM.
 - Information available on HRC website. Anyone interested to attend any training offered for SDP, please register via HRC website.
 - Spanish Information Meeting will be scheduled in November and the date is pending at this time.
- HRC SC training has been initiated across all three departments as of October 2020

HARBOR REGIONAL CENTER
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Statewide Updates:

- Suggested monthly reports of SDP activity (PCP plans, Budgets, Live, etc.)
- Suggested local advisory committee participants to lead orientations/ active participants, as we approach 2021 begin to brainstorm what that can look like
- Suggested to invite SDP participants to local advisory meeting and invite vended and not vended providers to inform participants of opportunities in terms of getting services and supports.
- Statewide will be invited to an SDP Advisory Committee meeting to present on SDP. A date has not been confirmed once determined SDP Advisory Committee participants will be notified.
 - Deaka M- requested clarification on what will be needed regarding State wide presenting during SDP advisory committee.

Office Clients and Rights Advocacy

- Disability Rights of California's local office is open and available to answer any questions and the phone number is (562) 623-9911. Special Education during COVID-19 was held in October 17 10AM-12PM in Spanish via zoom.
https://zoom.us/webinar/register/WN_3oSJ0Wz0SyKxOEZPIDVYPw

State Council Update:

- New participants: role of state council primary role is to support committee members by state council and RC. Provide information and resources as needed. Brianna Reynoso can be contacted at Brianna.reynoso@scdd.ca.gov.
- Training provided to the Self-Determination Advisory Committee members to learn more about their roles, how to hold the meeting, and efficiency during their local meetings was held with state council. Pending training for all of the advisory committee members will be provided by Brianna.

Self-Determination Transition Fund

- 2019-2020- \$57,000 allocated for mentor program (skills through care : introduction presentation will attend November meeting: ideal for parents who have successfully navigated SDP program, looking to hiring them as potential mentors - forward to Children's Department Director Antoinette

HARBOR REGIONAL CENTER
Self Determination Advisory Committee
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Perez.

Announcements:

n/a

Public Comments:

- Julianna M - SC's should help prepare parents more to help them navigate zoom meetings. Additionally, it would be helpful for SC's to remind parents of SDP meetings.
- Deaka - suggestion alternative to provide zoom training, to support those who are visual/ audio learners.
- Judy- Reminded participants attending meeting if interpretation is needed for SDP meeting, it is recommended to log in 30 minutes prior to meeting to obtain support from CSM in attendance.
- Sunghee P- Reported there is Korean speaking parent group which is very interested in participating in SDP orientation. Would like to initiate an orientation
 - Judy - informational can be scheduled through SC or to SDP HRC CSM to coordinate with interested group the information can be provided to support their need.
- Julianna M- Proposed SDP Advisory Committee be changed to the 1st Wednesday or 3 Wednesday of every month @ 6pm due to LBUSD special education committee being held at the same time as current SDP Advisory Committee meeting.
 - Request will be furthered review to ensure availability is confirmed across all members and participants in attendance. Linda will provide a follow up at a later time.

Next Meeting: November 11, 2020 via Zoom 6 PM to 8 PM

Adjournment/Conclusion:

Meeting was adjourned at 7: 30 PM. Minutes submitted by Donna Magaña

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- DRC Disability Rights of California
- IEP Individual Education Plan

**Harbor Regional Center
 Service Provider Advisory Committee
 October 6, 2020 10:00 am
 Virtual via Zoom Meeting**

Committee Members Participants

| Member Name | Organization |
|--------------------------|---------------------------|
| Paul Quiroz, Chairperson | Cambrian Homecare |
| Mary Grace Lagasca | InJOY Life Resources |
| Patricia Flores | Life Steps Foundation |
| Terri Nishimura | Pediatric Therapy Network |
| Dee Prescott | Easter Seals |
| Jeri Miles | Mentor Network |
| Donna Gimm | Mentor Network |
| Ryan Reiger | Mentor Network |
| Scott Elliott | ICAN LA |

HRC Staff Participating

| Staff Name | Title |
|--------------------|--|
| Vincente Miles | Community Services Director |
| Pat Del Monico | Executive Director |
| Patrick Ruppe | Executive Director |
| Judy Wada | Chief Financial Officer |
| Leticia Mendoza | Community Services Department Assistant |
| Erica Reimer Snell | Harbor Regional Center |
| Mary Hernandez | Director of Case Management Support Services |
| LaWanna Blair | Director of Early Childhood Services |
| Nancy Spiegel | Director of Information and Development |
| Tes Castillo | Assistant Controller |
| Ute Czettel | Controller |
| Ashley Ayala | Fiscal Monitor |

Call to Order

Paul Quiroz called the meeting to order at 10:05 a.m.

HRC Report Updates

Vincente Miles, Director of Community Services provided HRC Report:

- COVID Update
- Intake and Eligibility Update
- HCBS Update
- ASDM Update
- PPP Loan and CARES Act Update
- NCI Report

HRC Report

DDS continues to posts on their website the latest data reports for COVID-19

- COVID data by client characteristics –gender, ethnicity, age. Over 50% appear to be males, average age range 45-64 years old. The Hispanic population continues to be highest percentage reported has having tested positive for COVID-19.
- Total number of 157 client deaths reported who tested positive for COVID -19.
- Central Valley Regional Center reported the highest number of 266 clients tested positive for COVID-19.

Intake and Eligibility Update

LaWanna Blair, Director of Early Childhood Services provided an update regarding referrals for Intake an Eligibility. Last month there was an increase in the number of referrals received. HRC has been providing remote testing to families during the current pandemic. In-Person testing is now available at the HRC Long Beach office for those families interested and do not have the capability to do testing remotely. There will be two vendored psychologists allowed per day to do in-person testing. HRC has put safety precautions in place such as air purifiers, Plexiglas dividers etc. in the larger conference rooms. Families will be provided in advance COVID screening form.

HCBS Update

Erica Reimer Snell provided an update on the HCBS Final Rule Compliance report. The deadline date for the CMS rule has been extended to March 2023 in response to the COVID-19 pandemic. 100% of HRC service providers completed their self-assessments. The next phase will be for HRC staff to work with the service providers to review and modify their program designs to meet the federal requirements. DDS will be conducting site assessments. DDS and HRC will be providing ongoing trainings for service providers. Information will be posted on HRC website.

ASDM Update

Judy Wada provided update. **Traditional Services-** Services are the same (frequency & duration) as those provided before COVID-19 = No change to service model.

Alternative Services- Services provided from alternative service options and may be different from “vendored” services to meet clients’ needs that emerged due to COVID-19 Services are a combination of services provided remotely, alternate locations, and different services to meet clients’ needs due to COVID-19 =Alternative Services Delivery Model. All service providers providing alternative services to clients must complete the certification form and submit to HRC in order to receive payment. The Next Steps:

- Additional information from DDS

- Regional Centers to receive the DDS monthly rate calculations to go effective 11/1/20.
- Service Providers engage with clients about use of Alternative Services and provide new or revised service plans.
- DDS will establish monthly reporting requirements
- Identifying additional accountability and outcome measures
- Technical assistance training
- Ongoing evaluation of Alternative Services

PPP Loan and CARES Act Update

Judy Wada reminded service providers that PPP Loans are still available to apply for those eligible. New application dates are Oct.5th – Nov.6th, 2020.

National Core Indicators (NCI Report)

Nancy Spiegel, Director of Information and Development provided report on this tool that has been used by public developmental disabilities agencies to measure and track effectiveness of services as reported by individuals served. DDS contracts with State Council to conduct annual surveys on these measures.

Patrick Ruppe, new Executive Director for HRC was introduced and welcomed by the committee members.

Pat Del Monico announced to the committee members that her last day at HRC will be October 30, 2020. She is retiring. The committee members expressed their great appreciation to her for the years of service and leadership.

HRC provided notice of the next public Performance Contract Meeting scheduled for October 21st from 3:00 -4:00pm. SPAC members are encourage to attend.

HRC continues to host weekly check in meetings with day programs via Zoom.
HRC continues to provide PPE supplies for service providers for those in need.

Service Providers were encouraged to contact Judy Wada for any questions regarding their billing. Service Providers are encouraged to check HRC website for latest updates.

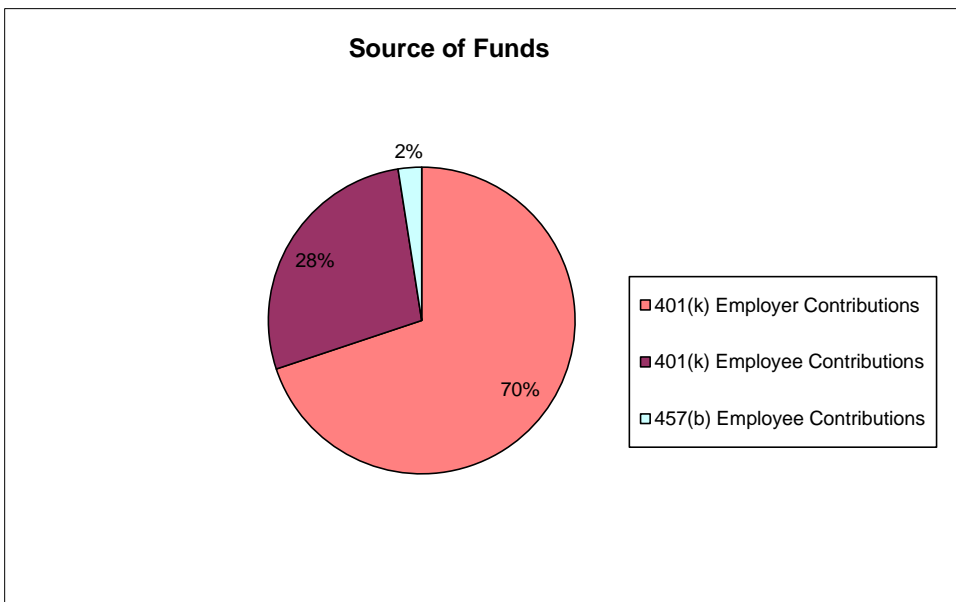
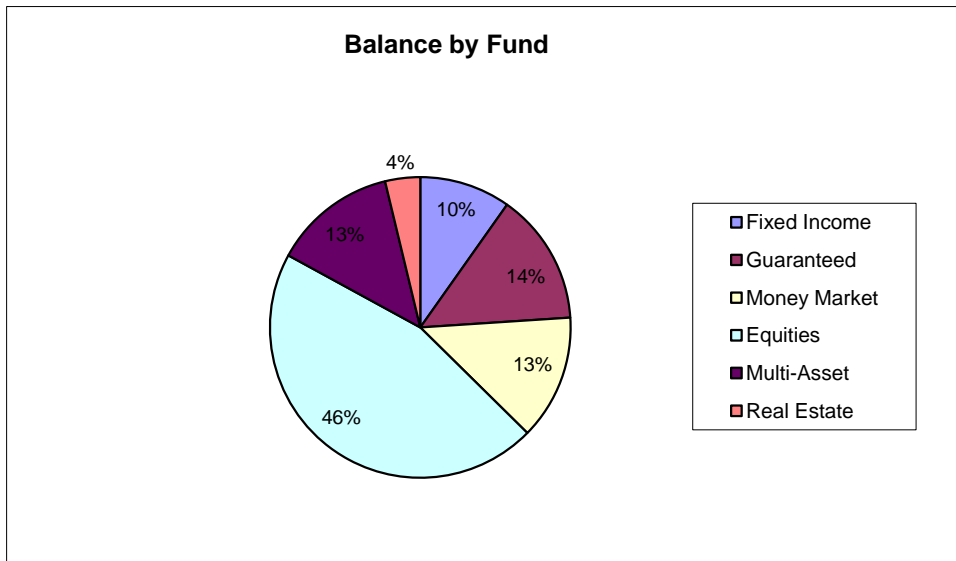
Next committee meeting is scheduled for December 1, 2020
Meeting adjourned at 11:00 a.m.

**Harbor Regional Center
Retirement Plan Balances as of 9-30-2020**

| | 401(k) Employer Contributions | 401(k) Employee Contributions | 457(b) Employee Contributions | Total Balance |
|--------------|--|--|--|----------------------|
| Fixed Income | \$3,775,869 | \$1,370,971 | \$191,294 | \$5,338,133 |
| Guaranteed | \$4,369,140 | \$2,708,776 | \$638,793 | \$7,716,709 |
| Money Market | \$5,553,150 | \$1,665,466 | \$97,761 | \$7,316,377 |
| Equities | \$17,662,749 | \$6,836,516 | \$329,576 | \$24,828,840 |
| Multi-Asset | \$5,405,428 | \$1,748,000 | \$82,292 | \$7,235,721 |
| Real Estate | <u>\$1,306,120</u> | <u>\$741,555</u> | <u>\$5,049</u> | <u>\$2,052,724</u> |
| Total | \$38,072,455 | \$15,071,284 | \$1,344,765 | \$54,488,504 |

* Plan Balances include active and terminated employees still in the Retirement Plan.

** Employee Contributions include **\$1,426,876** in Rollover funds.



**Harbor Regional Center
Retirement Plan Balances as of 9-30-2020**

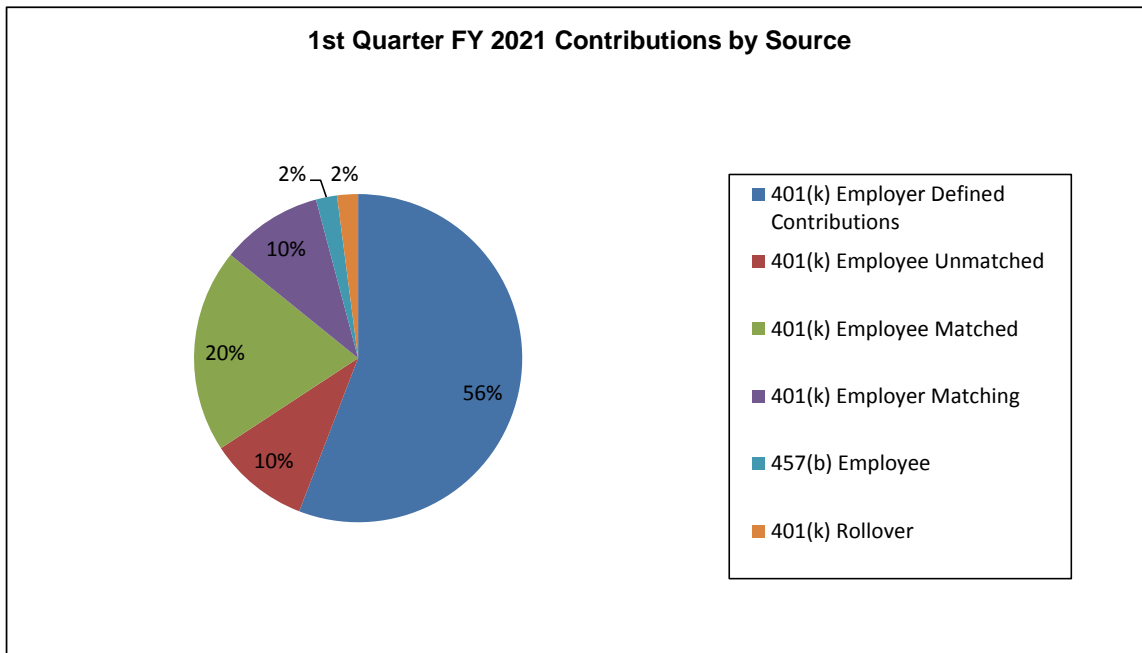
| | <u>401(k)</u> | <u>457(b)</u> |
|------------------------------|---------------------|--------------------|
| Fund Balance 6/30/20 | \$50,406,836 | \$1,278,744 |
| Activity 7/1/20 - 9/30/20 | | |
| Distributions | (\$568,245) | \$0 |
| Contributions | <u>\$946,153</u> | <u>\$20,047</u> |
| Net | \$50,784,745 | \$1,298,791 |
| Fund Balance 9/30/20 | \$53,143,739 | \$1,344,765 |
| Gain/(Loss) | \$2,358,995 | \$45,974 |
| % Gain/(Loss) for the Period | 4.68% | 3.60% |

Participants

| | | | |
|---|--------------|-------------|-----|
| Active Employees in Retirement Plan | 332 | 6 | 53% |
| Terminated Employees in Retirement Plan | 299 | 3 | 47% |
| Active Employees Total Balance | \$36,749,880 | \$1,072,998 | 69% |
| Terminated Employees Total Balance | \$16,393,860 | \$271,767 | 31% |

Contributions

| | | |
|------------------------------------|-----------------|-----------------|
| Employer | | |
| Defined (10%) | \$539,572 | \$0 |
| Matching (50% of Employee Matched) | \$96,976 | \$0 |
| Employee | | |
| Matched (up to 6%) | \$193,953 | \$0 |
| Rollover | \$19,904 | \$0 |
| Unmatched | <u>\$95,748</u> | <u>\$20,047</u> |
| | \$946,153 | \$20,047 |



**Harbor Regional Center
Retirement Plan Balances as of 9-30-2020**

| <u>Loan Information</u> | <u>as of 6/30/2020</u> | <u>as of 9/30/2020</u> | <u>Increase/ (Decrease)</u> |
|---------------------------------|-------------------------------|-------------------------------|--|
| Employees with Loans | | | |
| Active Employees with Loans | 28 | 28 | 0 |
| Terminated Employees with Loans | <u>3</u> | <u>4</u> | <u>1</u> |
| Total | 31 | 32 | 1 |
| | | | |
| Average Balance Amount | \$7,965 | \$9,860 | \$1,895 |
| | | | |
| Loan Value Total | \$246,915 | \$315,512 | \$68,598 |