

Harbor Regional Center

Client Advisory Committee

May 23, 2015 Meeting Minutes

Members Present: Deaka McClain-Co-Chairperson; David Gauthier; Rita Teodore; Mead Duley ; Michelle Roach; Danielle Schorr; Mathew Cox; ; Carmen Redmond; Debbie Howard; Matt Cox; David Oster; Thomas Basch; Kelly Sutton; Constance Leuck; Timmothy Holmes

HRC Staff Present: Brent Fryhoff; Elizabeth Stroh

Life Steps Staff Present: Jenelle Reyes-Tenorio

Call to Order & Minutes Approved

Deaka McClain called the meeting to order at 1:11 p.m. Deaka introduced the minutes of the February 28, 2015 meeting.

The minutes were unanimously approved by the committee members.

Regional Center Update

Brent Fryhoff reported that all of the Regional Centesr staff, service providers, clients, and families have been rallying in Sacramento at the Capital lobbying for a 10% across-the-board increase for developmental services. The Senate and Assembly budget subcommittees voted; however the final decision has still not been made since there are two versions. We hope that they pass the Assembly version since this would give our services an increase phased in over the next two years.

Brent also shared that Harbor Regional Center continues to have a big initiative to get our clients out of skilled nursing homes and into less restrictive living arrangements with the necessary supports put into place. At February's CAC meeting Brent shared with everyone that HRC had 70 clients in these types of facilities. Harbor is now down to 57 clients in Skilled Nursing Homes and continues to make progress in finding places in the community for these people to reside.

Brent reported that Harbor Regional Center continues to work hard at providing living options in the community to the 34 clients we have who are currently living at Fairview Developmental Center. Last year we had 48 clients living there and continue to make progress at getting people out of institutions. DDS still plans on closing all of the developmental centers statewide.

Back in the day the state of California had over 13,000 people in institutions. The state now has fewer than 1000 people living in Developmental Centers.

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Brent also shared that our Executive Director, Pat Del Monico, recently toured 14 of our Full Inclusion Centers. Overall, the tours went well and Pat was very pleased with the services HRC is providing to clients.

Elizabeth Stroh reported that Harbor Regional Center is very close to being completely paperless. HRC has been diligently working hard scanning thousands and thousands of documents in order to become paperless. A few CAC members voiced their concerns about their information being secured on a computer and Elizabeth explained that a client's virtual chart is now actually more protected than when there was a paper chart. She also shared that a client's IFSP report can be sent via e-mail now and is always sent encrypted to protect the client's privacy.

Brent shared a brief update on Self-Determination. The process for selecting and enrolling the 2,500 participants across the State of California in the first three years for Self-Determination has not been finalized. Harbor Regional Center will enroll 98 clients for self-determination once it begins. 30 in the first fiscal year and the remaining 98 will be added after. Brent let CAC members know that HRC has a fact sheet on their website that answers commonly asked questions to the Self-Determination Program.

CAC Outreach

Deaka McClain reported on her recent participation with the HRC Client Services Committee. She is now an active member of this Committee and meets with them on a monthly basis. Deaka is currently brainstorming with the other members on the 2016 Health Fair and she reported that they recently came up with a location. The event will be held at the Carson Community Center from 1:00 p.m. to 5:00 p.m. on a Saturday in March. The actual date has not yet been confirmed.

CAC Members also brainstormed several ideas for the upcoming Health & Safety Fair that will be held in March of 2016. The members discussed the following possible topics and presenters: IHSS, Medication Management, Female Wellness, Male Wellness, Anxiety/Stress Reduction, Zumba Instruction, Healthy Cooking Class, Nutritionist, Blood pressure/Glucose checks, Community Safety speaker by a Police Officer, and possible entertainment or food.

CAC Members came up with the idea of have matching CAC t-shirts for this event and will look into possibly commissioning SVS Lakewood's silk Screen Printing to assist in designing the t-shirts. CAC Members could wear these t-shirts for upcoming community activities and events as a way of promoting the Client Advisory Committee.

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World Games Participation

CAC members had voted at the last meeting on Sailing as the event to volunteer as Fans in the Stands. Members of CAC will be fans in the stands at the World Games on Saturday August 1st for the Sailing event. CAC members present agreed upon meeting at 9:30 a.m. on the morning of 8/1/15 in order to ensure that the entire group arrives to the event on time. The sailing competition will go from 10:30 to 3:00 p.m. and there was discussion of meeting at a Starbucks on 2nd street and then walking together as a group to the Marine Stadium. Kelly Sutton, HRC Client Advocate, will send an e-mail out to all CAC members by July 1st with details of an exact meeting place.

Adjournment

Deaka McClain adjourned the meeting at 3:00 p.m.

Next CAC Meeting

The next Client Advisory Meeting will be held on Saturday August 15, 2015 at the Harbor Regional Center Torrance Office from 1:00 p.m. – 3:00 p.m.



Board of Directors -- Client Services Committee

May 26, 2015

In attendance: Fu Tien Chiou, David Gauthier , Deaka McClain

HRC staff: Mary Hernandez and Claudia DeMarco

The committee met to discuss progress on the Wellness event scheduled to take place in spring 2016. It was agreed by all that the CSC and the Client Advisory committee (CAC) would continue joint planning for this event. A registration total of 170 individuals is targeted. Deaka and David presented information from the recent CAC meeting, including ideas for breakout sessions. Deaka expressed interest in becoming a member of the Client Services Committee- which was enthusiastically supported by all present.

Claudia gave an update on the progress of the formation of the self-determination advisory committee. The LA Regional office of the State Council has selected four (4) members. HRC has posted an application on the website to accept applications May 1 through May 31. To date, 13 applicants have expressed an interest by completing the brief application form. Four (4) members will be selected shortly representing both the geography and ethnicity of the service area, consistent with statute. The advisory committee will have a total of nine (9) members, including the Client Rights Advocate assigned to HRC. Claudia reported that it is HRC's intention for the Advisory Committee to have their first meeting prior to July 1.

The next meeting of the Client Services will be July 28, 2015 at 6 p.m.

**Harbor Regional Center
Service Provider Advisory Committee
Minutes: May 19, 2015**

Members Present: Kristine Engels, LifeSteps Foundation; Rhiannon Acree, Cambrian Homecare; Nancy Langdon, Canyon Verde; Terri Nishimura, Pediatric Therapy Network; Gina Nunes, Pathpoint; Angie Rodriguez, Social Vocational Services; Harry Van Loon, ARC-Long Beach; Sarah Sanders, Mentor Network; Glenda Lang, Birth and Family Services; Helen Dolas, Arts and Services; Donna Koenig, Oxford Services; Charles Magee, Goodwill Industries; Mary Cady, Shield Healthcare

HRC Staff Present: Barbara del Monico, HRC Resource and Technology Center Manager; Judy Wada, Chief Financial Officer; David Bourdeau, HRC Director of IT; Mercedes Lowery, Program Manager, Grace Wise, HRC Employment Specialist; Colleen Mock, HRC Community Services Director

Staff and Client Training Materials:

Ms. Barbara del Monico discussed the HRC materials on health and wellness, including: Easy Lifestyle Cookbook; Fast Food Eating; Healthy Cooking; Cooking using the Microwave Oven; and Armchair Fitness.

Project Search-Kaiser South Bay

Ms. Grace Wise, HRC Employment Specialist conducted a presentation on the Kaiser-South Bay Project Search. The Project Search partners consist of Harbor Regional Center as the overall project coordinator and funding of intern coaches; Kaiser-South Bay who is the business partner and offers three intern rotations and room on site for a classroom; Los Angeles Unified School District provides a dedicated teacher and teacher's aide; Best Buddies is funded to provide intern coaching and job development. This program just finished its third year and there are 6 graduates, one who has been hired by Kaiser-South Bay.

Special Olympics World Games:

Ms. Colleen Mock noted that there are over 250 volunteers for "fans in the stands" for the Special Olympic World Games to be held July 25 through August 2, 2015. Service Providers can contact Ms. Nancy Spiegel if they would like to develop a "fans in the stands" team.

HRC Meet Your Legislator Update:

Ms. Teri Nishimura discussed the legislative reception for Senator Ben Allan of the 26th Senate District held at HRC on April 24, 2015 from 3:30 pm until 5 pm.

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Self-Determination Update

Ms. Mock noted that if service providers are interested in the HRC Self-Determination Committee to sign up on the HRC website, www.harborrc.org. There has not been any additional information on self-determination posted on the DDS website.

CMS-HCBS

The DDS HCBS Advisory Group met on February 17, 2015 to review the DDS transition plan and review assessment tools. HRC has a service provider representative on this group.

Budget Update

Ms. Judy Wada provided an update on the May revise budget that did not propose any service provider rate relief as proposed by the Lanterman Coalition. Service providers have been contacting their legislators to advocate for an increase. Ms. Wada noted that there is \$150 million statewide deficit.

An update was given on the status of service provider uniform holiday schedule .DDS and DHS have filed a motion to vacate the partial summary judgment and permanent injunction, which if granted would mean that the half day billing and uniform holiday schedule will remain in place.

It has been proposed that Sonoma Developmental Center be closed by the end of 2018 and Fairview Developmental Center be closed by the end of 2021.

The next Service Provider Advisory Meetings in 2015 are scheduled at 10 am the following dates:

July 21, 2015

September 15, 2015

November 17, 2015